

## Expat Plus: Long-Term Expatriation



Are you an expatriate who has arrived on a one-way ticket?  
Did an original 3-year assignment turn into 5, 7 or 10 years?  
Are you in an intercultural marriage and living amongst cultures 24/7?

Expatriates living abroad for longer periods of time are often times presented with a different set of cultural challenges and adaptations than those who are abroad for a set amount of time. Sample topics include:

- Home purchase
- Social security
- Health Care
- Tax Issues
- Retirement options
- Children
- Language
- Long-term integration
- Building and sustaining a support network

Often times, during a short term expatriate assignment, such topics are not of concern or are taken care of by the hosting company.

The information is delivered in a variety of formats, including:

- Info-Sessions with subject-matter experts
- Workshops
- Career Coaching
- Monthly get-togethers
- One-on-one support via coaching and training sessions

For further information and to receive a calendar of upcoming Expat Plus+ events, send an e-mail to [jamie@caterpillarspirit.com](mailto:jamie@caterpillarspirit.com)