

Founded by Jamie Müller in 2006, Caterpillar Spirit specializes in programs for individuals and teams to effectively manage change and transition, with a focus on intercultural topics. We provide the opportunity to learn, experience, reflect and grow through our various and diverse programs. Our areas of expertise include:

- **Coaching**
- **Training**
- **Facilitation**
- **Language**

Coaching

How would you describe your ideal day? What would you change? What would stay the same? What are you doing when you are happiest? Where are you stuck? Coaching provides a partnership and a dialogue between the coach and the client to create value-based goals, a plan to achieve them and support to keep you in action.

We specialize in three areas of coaching: Intercultural, Life and Transition. Coaching provides intelligent, practical and adaptable strategies to accomplish your goals. Using specific tools and coaching models, we help you move from being ‚stuck‘ to a place of action and change to move you forward.

Training & Facilitation

Intercultural Training

Are you working across cultures? Is your team a mix of several cultures and personalities? Knowing how to work across cultures effectively is a competitive advantage in today's world. Caterpillar Spirit offers a variety of customized intercultural training programs and workshops to create a basic understanding of intercultural competency to in-depth sessions with specific topics and cultures. These programs bridge cultural gaps and assist in managing the inevitable culture bumps along the way.

Expatriation & Repatriation

The decision to relocate abroad can be exciting and difficult all at the same time. Expatriation Training deals with the various aspects of the professional and personal move, including how to manage the ‚mental move‘ and how to best prepare you and your family for the challenges and opportunities you will face in a new country and culture. Repatriation Training prepares you for returning ‚home‘. No move is exactly the same. As such, this program is highly customized to meet your specific professional and personal needs

Country Briefings

Do you need specific cultural information for your next business trip or conference? Are you on the go, hopping from meeting to meeting? Country Briefings provide an introduction to a particular country and culture in a format perfect for a busy schedule.

Language

Business English - Culturally Correct English

Learning a language takes time and many hours of practice. Caterpillar Spirit's Business English program provides you with the chance to receive *customized, private* lessons to meet *your* specific goals in a time-efficient manner. *Culturally Correct English* ensures that you can speak English not only correctly and effectively, but that you use the language appropriately in the cultural context.

Translation

Our translation services provide you with high quality, accurate translation of your documents in an efficient and timely manner. We offer translation from English to German or German to English. All translations are completed by native speakers of the target language with quality checks from those are familiar with both the source and target languages to edit, proofread and ensure accuracy.